

### Nortec Announces Approval of Tammela Claim Submissions

**Vancouver, B.C., May 22, 2014 - Nortec Minerals Corp. (TSX-V: NVT), ("Nortec" or the "Company")** is pleased to announce that the Company has received the official claim registration papers from the Ministry of Employment and Economy, Finland for both the Tammela and Somero claims.

Nortec Minerals Oy ("NMO"), a former subsidiary of Nortec, initially staked two claim reservations in southwest Finland collectively known as the Tammela Property. These reservations host Kietyonmaki Lithium and Hirvikallio Lithium prospects located in the Someras-Tammela pegmatite region. In September, 2010, the Company converted one 2,500-hectare claim reservation that covers the Tammela lithium property into 30 contiguous claims for a total of 1,511 hectares. During this process, the Company was able to include two gold prospects, Riukka and Satulinmaki, located one kilometer north and five kilometers northwest respectively of the Kietyonmaki prospect. On March 1, 2011 NMO transferred its 100% interest in the Tammela Property to the Company's wholly owned subsidiary Tammela Minerals Oy ("TMO").

In 1985, the Geological Survey of Finland ("GTK") drilled 17 short diamond drill holes in the Kietyonmaki zone. GTK calculated a drill weighted average Li grade of 1.5% taken from 95 metres of mineralized pegmatite. GTK estimated an inferred resource of 400,000 tonnes down to the extrapolated depth of 100 metres over a strike length of 120 metres. The most recent work on the Hirvikallio zone was completed in the early 1970's by the GTK. At that time reports of 1% Li and inferred resources of 100,000 tonnes down to 25 metres were published. These resources are not compliant with NI43-101 standards and care must be taken not to rely upon such data.

On February 10, 2010, the Company announced results from the re-logging and re-sampling program of historical drill core from the Kietyonmaki prospect. The re-logging and re-sampling program was carried out in late November, 2009 on the drill core stored at the Geological Survey of Finland ("GTK") core storage facility in Loppi, southern Finland. Select intervals of the drill core were taken from drill hole R310 that was drilled on the Kietyönmäki prospect, situated in the western part of the Tammela Property. The best drill intercepts are as follows;

Hole	Metres	Lithium
R310	9	1.03% from 68m
R310	3	0.51% from 12m

The Company also confirmed the presence of gold mineralization in the Riukka and Satulinmaki prospects in the northern part of the Tammela property from re-sampling of core drilled by GTK. The highlights are;

Hole	Metres	Gold g/t
R330	37.7	1.03 from 51m
R356	10.0	2.47 from 20m
R357	2.50	6.81 from 61.3m

With the receipt of the claim registration papers, Nortec will be able to carry out on-site physical exploration program, including trenching and diamond drilling. Nortec is now planning this stage of exploration on the property. The company believes that based on the historical and confirmation results to date the Tammela project has the potential to contain Lithium and Gold resources and substantial amount of work is required to identify such resources.

**About Nortec Minerals Corp.**

Nortec is a mineral exploration and development company based in Vancouver, British Columbia. The Company has a 100% interest in the Tammela Gold & Lithium Project in South-West Finland; an option to earn from Akkerman Exploration B.V., a 100% interest in the Seinäjoki Gold Property and Kaatiala Beryllium-Rare Earth Property in Western Finland;. The Company also holds a majority share-holding interest in Finore Mining Inc. Finore controls a 100% interest in the Lantinen Koillismaa PGE-Au-Cu-Ni deposit, Finland, through the acquisition of NMO from Nortec. Information on the Company's projects can be referred to on [www.nortecminerals.com](http://www.nortecminerals.com)

On behalf of the Board of Directors,

**NORTEC MINERALS CORP.**

**“Mohan R. Vulimiri”**

Mohan R. Vulimiri, CEO and Chairman

***The TSX Venture Exchange has not reviewed and does not accept the responsibility for the adequacy or accuracy of this news release.***

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